

Resources

BOOKS/MONOGRAPHS

- Enkin, M., M.J.N.C. Keirse, M. Renfrew, and J. Neilson, *A Guide to Effective Care in Pregnancy and Childbirth* (second edition). New York: Oxford University Press, 1995.
- IBFAN, *Breaking the Rules, Stretching the Rules 2001: Evidence of Violations of the International Code of Marketing of Breast-milk Substitutes and Subsequent Resolutions* (English and Spanish). IBFAN PDF version downloadable from www.ibfan.org/english/codewatch/btr01/main-en.htm
- International Institute of Rural Reconstruction (IIRR), *Indigenous Knowledge & Practices on Mother and Child Care: Experiences from Southeast Asia and China*. 2000
- International Lactation Consultant Association (ILCA), *Evidence-Based Guidelines for Breastfeeding Management During the First Fourteen Days*. 1999. Available from ILCA, www.ilca.org. Summary on-line at www.guideline.gov.
- Maternity Centers Associations, *Your Guide to Safe and Effective Care During Labor and Birth* (2000 edition). Website: www.maternitywise.org, Tel (USA): +212-777-5000 ext. 5.
- WHO, *Care In Normal Birth*. Print version ordered through WHO Geneva; PDF version downloadable from www.who.int/reproductive-health/publications/.
- WHO, "Appropriate Technology for Birth (Fortaleza Recommendations)." *Lancet* Aug 24, 1985:436-437.
- Williams CD, Baumslag N, Jelliffe DB, *Mother and Child Health: Delivering the Services*. 3rd edition, 1994.

JOURNAL ARTICLES/REVIEWS

- Cochrane Collaboration Reviews Database www.cochrane.org.
- Heinig MJ, Dewey KG, "Health effects of breastfeeding for mothers: a critical review." *Nutrition Research Reviews* 1997; 10:35-56.
- Kennell JH and Klaus MH, "Bonding: Recent Observations That Alter Perinatal Care" *Pediatrics in Review* 19(1) 4-12, 1998.
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VIDEOS

- *Gentle Birth Choices* and *Birth into Being*. Available from www.waterbirth.org
- *Delivery Self-Attachment*. Shows the difference at birth between babies born to mothers who did or did not use pain drugs in labor. Available from Geddes Productions www.geddes.com or Health Education Associates, Tel: +508-888-8044
- *Birth in the Squatting Position*. Available through Academy Communications, Box 5224 Sherman Oaks, CA 91413 Tel (818) 788-6662
- *Giving Birth: Challenges and Choices* by Suzanne Arms. Available from www.BirthingtheFuture.com.
- *Tried and True*. An encyclopaedia of high touch, low-tech comfort techniques. Available from www.Injoyvideos.com

WEBSITES/ORGANISATIONS

- Alliance for the Transformation of the Lives of Children <www.ATLC.org>
- Doulas of North America, DONA <www.dona.org>
- Save the Children Every Mother/Every Child Campaign <www.savethechildren.org>

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The World Alliance for Breastfeeding Action (WABA) is a global alliance of networks and organisations, such as IBFAN, LLLI and ILCA, and individuals, to protect, promote and support breastfeeding. WABA acts on the Innocenti Declaration and works in close liaison with United Nations Children's Fund (UNICEF).

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WABA does not accept sponsorship of any kind from companies producing breastmilk substitutes, related equipment and complementary foods. WABA encourages all participants of World Breastfeeding Week to respect and follow this ethical position.